

Some verses to encourage us in times of trouble

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father."

Romans 8:15

The eternal God is your refuge; and underneath are the everlasting arms; he will drive out your enemy before you.

Deuteronomy 33:27

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way, and the mountains fall into the heart of the sea.

Psalms 46:1

For God did not give us a spirit of fear but of power and love and self-control.

2 Timothy 1:7

The LORD is my shepherd, I lack nothing. ... He guides me along the right paths for his name's sake. ... Even though I walk through the darkest valley, I will fear no evil, for you are with me.

Psalms 23:1,3,4

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, 'He is my refuge and my fortress, my God, in whom I trust.'

Psalms 91:1-2

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

The Lord is good, a strong refuge when trouble comes. He is close to those who trust in him.

Nahum 1:7

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

Romans 8:19

Neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans 8:39

Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you.

1 Peter 1:3-4

The Lord's Prayer

*Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.*

Give us today our daily bread

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

*For the kingdom, the power, and the glory are yours
now and for ever.*

Amen.